



Make the Break 5K Color Fun Run/Walk

SATURDAY September 14th

Linn Creek Industrial Park

Registration starts at 9AM

5K Run/Walk starts at 10AM

\$25 Registration Fee

\$15 each additional family member

Pre-register by September 2nd to guarantee a T-Shirt.

Raise \$100 = Entry into Grand Prize Drawing

Everyone Eligible for Door Prize Drawings

Family Friendly Event

www.cadv-voc.org (573)346-9630

REGISTRATION FORM

Make the Break 5K Color Fun

Run/Walk

Saturday September 14, 2013

Make checks payable to CADV, PO Box 245, Camdenton MO 65020

Register and pay online at cadv-voc.org

or visit goJim.tv for registration

Name: _____

Address: _____

City, State, Zip: _____

Daytime Phone: _____

Date of Birth: _____ Age on Race Date: _____

E-Mail: _____

Circle One:

Gender:

MALE

FEMALE

T-Shirt Size (Adult Sizes):

SMALL

MED

LARGE

XL

2X

HOW DOES IT WORK?

The Color Fun Run/Walk event is a one of a kind experience that is less about speed and more about enjoying a color crazy day with your friends and family. For our event, it is all about participants of all different speeds, ages, shapes, and sizes.

Rule #1 All participants are welcome fast, slow, runner, walker, old, and young. (Dogs not recommended due to the color powders)

Rule #2 White shirt dress code at the official start line and ready to roll no later than **10 am sharp!** (white shirt provided with registration if you register before Sept 2nd.) It is non-toxic, is 100% safe, and also biodegradable. As with any substance, you will want to keep it out of your eyes and lungs. If you are overly sensitive, you may want to wear glasses or goggles for your eyes and use a bandana or dust mask for your mouth. (This is especially recommended for our younger runners/walkers)

Rule #3 You will be required to sign a risk waiver day of registration.